



**Cristina Frias**

**SAG-AFTRA, AEA**

**Business Contact Number 323-377-1415**





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[Web Resume](#) [Headshots](#)

**Representation:**

Business Contact Number: 323-3771415

**Physical Characteristics:**

**Gender:** Female                      **Height:** 5' 6"                      **Hair:** Brown  
**Eyes:** Brown                      **Dress Size:** 8                      **Pant Size:** 8  
**Bust/Chest:** 36"                      **Cup Size:** B

**Body Type:** Athletic

**Portrayable Ethnicities:** Arabian, Armenian, Caucasian/White, Central American, Cuban, Dominican, Eurasian, European, French, Greek, Guamanian/Chamorro, Iranian, Israeli, Italian, Latino/Hispanic, Lebanese, Malaysian, Mexican, Micronesian, Middle Eastern, Native American Indian, Pakistani, Portugese, Puerto Rican, Romanian, Russian, South American, Spanish, Turkish

**Experience:**

**Television**

One Day at a Time	Co-Star	Netflix
HBO Habla!	Co-Star	HBO Latino
Sex Sent Me to the ER	Co-Star	TLC Network
Esperanza del Valle	Lead	Novela Health

**Film**

Curanderos	Lead	Salvador Paniagua
The Couch	Lead	Cross Carefully Productions
Habla	Lead	HBO Latino
Lola's Love Shack	Supporting	Migrant Films
Student Like us	Supporting	Independent Feature, Diana Perez
Cross	Lead	AFI/Ken Ochiai
Cristina Clandestina	Lead	Independent Short, Gabirella Sosa
Sleeping Beauty	Supporting	Independent Short, David Sanchez
6 Billion of Others	Supporting	Grand Palais, Paris/Yann Arthus-Bertrand
King of the World	Lead	Documentary French Tv/Valerie Mitteaux
Savage Hearts	Lead	USC

**Stage**

Between Riverside and Crazy	Church Lady	Studio Theatre D.C.
Real Women Have Curves	Estela	Pasadena Playhouse



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The Motherf**ker with a Hat	Victoria	South Coast Repertory Theatre
Camino Real	Gypsy/Lady Mulligan	Boston Court Theatre
Black Butterfly	Dolores	Mark Taper/Kennedy Center
SunStone	Nana	Getty Villa Theatre Lab/CalArts
Festival of Faith	Mom	Cornerstone Theatre
Broken Hearts	Sandra	Cornerstone Theatre
Culture Clash	Ensemble	Culture Clash
All Aboard	Solo Performance	Highways Performance Space
Independent Female	Sara	San Francisco Mime Troupe
Chica-Inca	Solo Performance	Edinburgh Fringe Festival
A Midsummer Night's Dream	Helena	Yerba Buena Center
Confessions..	Lolita	CASA 0101/Josefina Lopez
Frida	Paula	Frida Kahlo Theatre
Latins' Anonymous	Lolana/Neekolette	Morgan-Wixson Theatre
Always & Forever	Celia	Watts Village Theatre
Girl Planet	Dar	Mak Taper Forum
<b>Commercial</b>		
Ge Appliances/AMAZON	Mom	Biscuit Production
Verizon	Mom	Assembly Films
Texas Health Resources	Hero Woman	O POS
ALLI	Featured	GSK

**Links:**

IMDB <http://www.imdb.me/cristinafrias>

**Actor Bio:**

Cristina is a skilled comedic and dramatic actress. She has trained in contemporary and classical acting for the stage and camera. Cristina is currently in the MFA Acting Program at the Institute of CalArts '11. She received an award for her film performance in Cristina Clanestina, an Independent Short and a nomination for Best Actress by the Santa Monica Theatre Guild. Cristina has received rave reviews for her recent work as Victoria in The Motherf\*\*ker with a Hat at the SouthCoast Repertory Theatre and acted on stages throughout the US, Europe and Latin America. Cristina is also an accomplished Arts Educator specializing in Theatre-Arts for Middle and High school youth and Senior Citizens.

**Skills and Training:**

**Special Skills:**



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African Dancer, Bartender, Baseball Player, Basketball Player, Bowler, Comedian (Stand-Up), Ethnic Dancer, Fisherman, Improv, Latin Dancer, Salsa Dancer, Skier-Snow, Soccer Player, Swimmer, Volleyball Player, Yoga

**Languages:**

**Spanish** - Conversational , **French** - Conversational , Latin American Accents, French, Southern, New York (Jew, Italian), Middle Eastern

**Other Skills:**

Solo Performer, Drama Teacher, Sketch-Comedy, Creative Writer, , Volunteer, Animal Lover, World Traveler

**Professional Training/Education:**

MFA CalArts '11 - Speech, Voice, Acting Studio, Shakespeare, Alexander Tech. Thai-Chi, Dance Theatre

LAMDA-London Academy of Music and Dramatic Art, Summer Program Shakespeare Speech and Voice

ACT-San Francisco, Summer Training Congress

NYU - Performance Studies (NYC, Peru, Mexico)

UC Berkeley, BA Sociology

Saint Luis University - Year Abroad Spain