



**John A Conroy**

**SAG-AFTRA**

**Business Contact Number 310-3847459**





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[Web Resume](#) [Headshots](#) [Video Clips](#)

**Representation:**

Available to work in the following additional location: CA - Hollywood

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**Physical Characteristics:**

**Gender:** Male                      **Height:** 5' 9"                      **Weight:** 160 lbs.

**Hair:** Black                      **Eyes:** Brown                      **Waist:** 32"

**Hips:** 35"

**Body Type:** Athletic, Average, Slim

**Portrayable Ethnicities:** Asian/Pacific Islander, Caucasian/White, Cuban, European, Filipino, Hawaiian (Native), Italian, Latino/Hispanic, Mexican, Micronesian, Native American Indian, Puerto Rican, Spanish

**Experience:**

**Film**

Unfrosted	Kellogs Employee CORE BG	Jerry Seinfeld/Netflix
Diamond in the Rough	Country Club Member (credited)	Jeanette Godoy/Creator+
Your Place or Mine	Business Man	Netflix

**Television**

The Morning Show	Producer/CORE BG currently	Apple +
Perry Mason	Lead Reporter CORE S1	HBO Greatest Lawyer
Lakers Project	Celtics Doctor CORE BG	HBO
Unbelievable	Detective CORE BG	Netflix
The Offer	Stand-In, OC Dialogue/Burn Gorman	Paramount Plus
The Terminal List	Stand-In/Jonathan Medina	Amazon Prime

**Links:**

John A. Conroy                      <https://coolcats.com/hooray-for-hollywood>

**Actor Bio:**

SAG/AFTRA Background Artist

I am a Graphic Designer by trade. I started BG 5 years ago and earned my SAG Membership on my very first gig by being asked to interact with a principal. Since then, I've been featured in over 100 productions and have been a CORE BG for almost a dozen of them. Background Acting (Acting) is another form of art and expression. My approach to this art is different. I look at Background Acting as a fun performance



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art. Being a swatch of color in a production is such a great and fun feeling. The composition would not be complete without all of the components intact from cameramen, crew, crafty, directors, actors and background. To see this work in progress and be a part of the team and eventually be a part of history and a living legacy is a rare and unique definition of what it is to be a Background artist. I currently am CORE BG on Apple+ "The Morning Show", where I've played a Producer since the start of this production for almost 4 years! I also just wrapped filming on "Unfrosted", Jerry Seinfeld's movie about Pop Tarts where I was a CORE BG playing a Kelloggs Employee for 4 months. I have been included in commercials, TV shows, movies and pilots. It has been so FUN and a valuable learning environment.

**Skills and Training:**

**Special Skills:**

Actor, Animal Handler, Disco Dancer, Ethnic Dancer, Free Style Dancer, Gymnast, Hula Dancer, Model, Painting, Photographer, Pianist, Singing, Sword Fighter, Trumpet

**Languages:**

English - Native

**Professional Training/Education:**

BS in Fine Art University of Wisconsin