



Sherilyn Henderson

SAG-AFTRA

Business Contact Number





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SAG-AFTRA

[Web Resume](#) [Headshots](#) [Video Clips](#)

Representation:

Available to work in the following additional locations: Iowa, Minnesota

Business Contact Number: 952-607-7132

Physical Characteristics:

Gender: Female **Height:** 5' 5" **Weight:** 115 lbs.
Hair: Brown **Eyes:** Green **Dress Size:** 4
Pant Size: 4 **Waist:** 26" **Hips:** 34"
Bust/Chest: 34" **Cup Size:** A

Body Type: Athletic, Petite, Slim

Portrayable Ethnicities: British, Caucasian/White, European, French, Greek, Irish, Italian, Latino/
Hispanic, Polish, Portugese, Romanian, Russian, Scottish, Spanish

Experience:

Film

Case # 377	Alex -- lead role	John Gigrich, Director, Green Sea Prod.
The Cabin	Kelly -- lead role	John Gigrich, Director, Green Sea Prod.
Birthday Girl	Katie -- lead role	Troy Perkins, Director, Northtown Productions
W-T-F	Billie -- lead role	Sayer Frey, Dir./OneEyed Films
Lilia	Lilia - lead role	Britni West, Director, MCAD
Baked Diesel	Tiffany -- co-star	Andrew Stoute, Director, Flyin' Monkey Films
God's Cookery -- Thy Will Be Done	Cindy -- co-star	David Watkins, Director, MansionMedia
High School Drifter	Beth -- supporting	Jason Almendinger, Soft Drink Productions
Light & Darkness: The Rogue	Goodnight Girl #1 -- supporting	Zach LeBeau, Director, Wholecruie Productions
Girl Talk	Pool Partier -- supporting	Lynn d'Angona, Director, DGA / Kodak
A Serious Man	Neighbor Kid on bicycle	Joel Coen, Dir./Big Minyan Films LLC
Good Morning Beautiful	Funeral Guest	Todd Cobery, Director/ Minneapolis, MN
The Old Arizona -- trailer	Restaurant Customer	Andy Awes, Committee Films
Choose Connor	Graduation Guest	Lucas Elliott, Director/Blue Cactus Productions
Watercolors	High School Student	David Oliveras,Dir./SilverLight Entertainment
D-Hall	High School Student	Matt Mabry,Dir./Meadowknoll Productions
Space Cadets	A.D.D. Therapy Member	Josh Porro,Dir./Chapman University
Matters of Life and Death	High School Student	Joseph Mazzello,Dir./MOLAD LLC Production



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Web Series / Internet

D.P.I. Discount Paranormal Investigators (pilot) Kendra -- lead role Matthew Ladensack, Director/CrashPad Media

Television

The Wedding Band (pilot) Zoe the babysitter - featured Bryan Gordon, Dir. / Tollin Productions
America's Most Wanted Jennifer - co-star STF Productions, Los Angeles
True Blood Battered Woman - featured HBO Productions
Victorious Art Class Student - featured Nickelodeon, Los Angeles
Kid Dakota Music Video Suicidal Girl -- co-star Todd Cobery, Dir. / Cinequipt
American Cafe' Multiple Roles -- co-star Bill Benton, Dir. / The Real America
POS Music Video Protester -- supporting Todd Cobery, Dir. / Cinequipt
6:30am Music Video Street Walker -- supporting Avesta Jowkar Production
Cheetah Girls 2 Promo Party Goer -- supporting MoPo Productions/Disney

Commercial

Jon Lovitz PSA Commercial Principal - SAG National Jerry Zucker, Director
Marshalls First Day of School Principal - SAG National Cohn & Company
Center for Disease Control / VERB Principal - SAG National Cucoloris Films/Danny Ducovny
Mattel Barbie Principal - SAG National Tag Team

Stage

Romeo and Juliet (Passion & Poison) Juliet -- lead role The Childrens Theater, MN
The Laramie Project Multiple Lead Roles The Childrens Theater, MN
Bah Humbug! Christmas Carol Lizzie -- co-star H. B. Clubhouse Theater
Dont Say No to the USO Carl Ryder -- co-star H. B. Clubhouse Theater
Kokonut Kapers Vickie -- co-star H. B. Clubhouse Theater
How to Eat Like a Child Kimberly -- co-star H. B. Clubhouse Theater
Charlottes Web Uncle the Pig -- co-star H. B. Clubhouse Theater

Other

ShopNBC Modeling - Christie Harris Brow Kit
Nickelodeon Universe at Mall of America Modeling - Splatosphere Ride Terry Anderson Photography
Polaroid Focus Group Teen Screener Julia Van Hamm
Speedo Modeling - Clothing
Plum Pudding Modeling - Clothing

Links:



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Sherilyn Henderson IMDB and <http://www.imdb.com/name/nm2171406>

Demo Reels

Sherilyn Henderson in Hot Mess <http://www.youtube.com/watch?v=GYkx9drfiBU>

Sherilyn Henderson in W-T-F <https://www.youtube.com/watch?v=-S5MiBlyRxM>

Actor Bio:

Sherilyn Henderson is a SAG-AFTRA actress in good standing. She is also a college graduate from Loyola Marymount University in Los Angeles, California, where she studied for four years and obtained a Bachelor of Arts Degree in English - Writing Emphasis and a Minor Degree in Theatre Arts. She resides in Los Angeles, California.

Skills and Training:

Special Skills:

Animal Handler, Basketball Player, Bowler, Fisherman, Golfer, Ice Skater, Improv, Model, Roller Blader, Skier-Snow, Snow Boarder, Soccer Player, Swimmer, Tennis Player, Track & Field Athlete

Languages:

English - Conversational , English Accent , **Spanish** - Conversational

Other Skills:

Current Passport & Calif. Work Permit, Plays Younger Roles, Tennis, Soccer, Swimming, Rollerblading, Biking, Scootering, Running, Climbing, Dancing, Singing, Chess, Loves Children and Animals.

Professional Training/Education:

Acting--ActorfestLA09--Craig Campobasso,Fern Champion,April Webster,Sharon Lieblein,Francene Selkirk

Acting -- Harriet Greenspan, Casting Director -- Los Angeles, California

Acting -- Joey Paul Jensen Casting -- On Camera Scene Study Workshops -- California

Acting -- Nancy Naylor Battino, Casting Director -- Los Angeles, California

Acting - Matthew Barry, Casting Director - Inside the Industry seminar -- L.A., CA

Acting - Lisa Pantone, Casting Director - Inside the Industry seminar -- L.A., CA

Acting -- Judy Belshe-Toernblom -- The Great Balboa -- California

Acting -- Lynn Blumenthal Casting -- On Camera Classes For Kids And Teens -- Minneapolis, MN

Acting -- JR Casting -- On Camera Class -- Minneapolis, MN

Cold Reading --SAG Foundation Wkshps --Carolyn Long,Concetta Di Matteo& Mark Paladini, CA

Cold Reading -- Actors TV and Commercial Workshops -- Valentino Perry -- California

Commercial Acting -- Kris Kyer Workshop -- California

Dance -- Pacific Dance Studio -- Karen Coe -- California

Improvisation -- The Guthrie Theater -- Improvisation for Teens -- Minneapolis, MN

Improvisation --SAG Foundation Wkshps --Carolyn Long,Concetta Di Matteo& Mark Paladini, CA

Improvisation -- Actors TV and Commercial Workshops -- Valentino Perry



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Improvisation -- Brave New Workshop Comedy Theater -- Minneapolis, MN

Musical Theatre -- H.B. Clubhouse Theater -- Bob Hoxsie -- California

Singing -- Choir, LSHS, Minneapolis, MN

Theatrical Acting -- Sandra K. Horner Teen Method Workshop -- Minneapolis, MN

Shakespeare Theatre Acting -- The Children's Theatre Company (CTC) -- Minneapolis, MN

Triple Threat -- The Children's Theatre Company (CTC) -- Minneapolis, MN

Voice -- Erin Reykdal, Minneapolis, MN